## What About Me? There's Alzheimer's in My Family

## Free Dementia Education Seminar

## Wednesday, February 9TH 5:00 PM TO 6:30 PM

## Guest Speaker Dr. Bill E. Beckwith



Does a close family member have dementia or Alzheimer's disease?

Do you worry about your future?

Dr. Bill Beckwith is a Clinical Psychologist and nationally known speaker on aging, memory, and Alzheimer's disease. He is the author of Managing Your Memory: Practical Solutions for Forgetting, columnist in the Naples Daily News, and cofounder with his wife Pamela of The Life and Memory Center in Naples.

During this seminar, Dr. Beckwith will offer facts on what you can do to protect yourself. He will provide you with effective, easy to use, and practical techniques to monitor and improve your memory.

Seating will limited, so make your reservation early. Adult day care will be provided by qualified staff. Please ask for this service when making your reservation. Light refreshments will be served.

